

# Citalopram Medication Interaction Checklist

Purpose: a medication-review checklist for citalopram interactions, bleeding risk, QT-risk medicines, serotonergic medicines, and supplements.

This worksheet is educational. It does not diagnose a condition, replace a prescriber, or tell a reader to start, stop, or change a medicine.

Use it to prepare clearer questions for a doctor, pharmacist, urgent care clinician, or emergency service.

## What to write down

Date and time, dose taken, missed doses, reason for use, new medicines or supplements, symptom start time, severity from 1 to 10, and whether the symptom is improving or getting worse.

Bring this page, the medicine bottle, and a complete medication list to the appointment or pharmacy counter.

## Checklist

- NSAIDs or aspirin
- blood thinners
- tramadol
- triptans
- St. John's wort
- linezolid or methylene blue
- QT-prolonging medicines

## When to seek help

Call a clinician promptly for symptoms that are new, persistent, severe, or linked to a dose change or another medicine.

Use emergency care for symptoms that feel dangerous, rapidly worsening, or related to self-harm risk, severe allergic reaction, fainting, chest symptoms, severe bleeding, severe diarrhea, or severe neurologic symptoms.